



Optimizing Medical Cannabis Treatment to Improve Patient Outcomes

MEDICAL CANNABIS DOSING AND ADMINISTRATION ALGORITHM

Routine Dosing and Administration Protocol for Medical Cannabis

Starting cannabinoid type	CBD-predominant
Starting CBD dose	CBD-predominant 5 mg twice daily
CBD titration	↑ CBD-predominant 10 mg/day (total daily dose) every 2 to 3 days
When to add THC	If patient is not reaching treatments goals when CBD-predominant dose is ≥ 40 mg/day
Starting THC dose	2.5 mg/day
THC titration	↑ 2.5 mg every 2-7 days until goals are met or a maximum dose of 40 mg/day THC is reached*

*Refer for expert consultation if considering > 40 mg/day THC

Conservative Dosing and Administration Protocol for Medical Cannabis

Starting cannabinoid type	CBD-predominant
Starting CBD dose	CBD-predominant 5 mg once or twice daily
CBD titration	↑ CBD-predominant 5- 10 mg/day (total daily dose) every 2 to 3 days
When to add THC	If patient is not reaching treatments goals when CBD-predominant dose is ≥ 40 mg/day
Starting THC dose	1 mg/day
THC titration	↑ 1 mg every 7 days until treatment goals are met or a maximum dose of 40 mg/day THC is reached*

*Refer for expert consultation if considering > 40 mg/day THC

Rapid Dosing and Administration Protocol for Medical Cannabis

Starting cannabinoid type	Balanced THC:CBD
Starting dose	2.5-5.0 mg of each cannabinoid once or twice daily
Titration amount	↑ 2.5-5 mg every 2-3 days of each cannabinoid once or twice daily until goals are met or a maximum dose of 40 mg/day THC is reached*

*Refer for expert consultation if considering > 40 mg/day THC

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